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"Srimad Bhagavatam"

Discourse by Master Kumar on Sunday, the 14th of August 2011, at Visakhapatnam.
(for private circulation to WTT members)

Canto 3:

We will recollect the instruction by Lord Narayana to Lord Brahma as it is a very important instruction. I will read the slokas first and then explain.

"I create the beings. I create things which they like. I reside in them and the things they like but I am never affected. I made you the creation to my liking. You and the worlds that you create reside in me. Meditate over this. You create being inside me. "said Lord Narayana to Brahma.

So we understand from this instruction that the Lord resides in everything. Do not think that the Lord is not present in the new things created by the human beings. Do not have dislike for them. We just need to know how to use them properly. The same is with the beings. No useless beings are created.

Even after all this happens, the Lord is never affected by this creation. He remains himself. We create something but we get stuck in it. We feel proud of it. All this is because we forget that anything that happens through is due to the presence of Lord in us. He is the cause for everything. We have ups and downs in life because we forget the presence of THAT I AM in us. This is what Lord Narayana is telling to Brahma.

There are diabolics in this creation. They also are important in this creation. It just appears that they are working against the creation. We may not know what purpose they serve in creation and think they are useless in creation.

So Lord Narayana tells Brahma "I permeate all that comes through you. It may be good or bad." We should see the Lord in everything irrespective of the quality of the thing we see. We should see the Lord even in a drunkard, in a dirty beggar, in a murderer, in a highly corrupt person, etc. We should not get stuck in likes and dislikes. This greatly helps us in being in poise.

You may not like cigarettes, alcohol, gambling etc. But just if you don't like, are they not present in the world? If you like or not, they still exist. So you are stuck in it. The only way to stay free from such bondage is to see the Lord in all.

That does not mean you start liking everything. Just stay neutral towards everything. Do not go into extremes. It is like frying of life. How it would be if you were fried in a pan? If you get stuck in extremes, it would be so.

This is the path of Bhagavata. See the Lord in all forms. Do not have any exceptions. The Lord says "If you forget to see me in life, you are sure to fall, face problems."

Master EK tells us here that we should read this instruction as if we are a creator. We are all creators to some extent. So the instruction to Brahma is an instruction to us. The Lord made us a creator to his liking and we should remember him.

So if we get some brilliant idea, we should not feel that it is our idea. We should see it as the will of the Lord. Then that will manifests into proper action. If you feel "My idea" then it goes wrong at some point. The activity would turn out to be beautiful if you do it remembering the Lord. Even though it may be a goodwill activity, if it is done forgetting the Lord, it may go wrong.

So we are like a tube between the Lord and the activity. We should ensure that the tube is clean and proper so that there is free flow. We cannot think that 'I AM not doing', it is difficult to forget our existence but we should remember "I AM" and also "THAT I AM".

If this practice is done regularly, transformations happen in us. The Lord takes away whatever is unnecessary in us. This is the only possible way to regulate your senses, mind, etc. You cannot control senses, mind and body on your own. If you try to do that, years may pass by but nothing will happen.

This is great secret given in Bhagawadgita. Lord Krishna tells many things in each chapter of Bhagawadgita but at the end of the chapter he tells "You cannot do all this. So just stay with me and I will take care." So this one thing is sufficient for everything. This is the Master key. We see this in the stories of devotees. We may be having huge number of desires.

Bhagavata does not tell that you should not have desires. Leave them all as it is. Do this one thing and that will satiate all your desires. So above all desires, you should have intense desire for the Lord. This desire takes care of all other desires.

That is why we are advised to read the story of great devotees. They give us the required inspiration. Your life would be a great splendour. You need not do work but work happens. You can see that in the lives of devotees.

Your mind gets stuck in problems and cannot come out. Even if you try to remember the Lord, you cannot. That is where the stotrams and poems on the Lord or devotees of the Lord help us. If you keep singing them, they take you away from the problems and keep you close to the Lord. Then your mind does not get distracted by the problems.

If a person mind's is not affected by the problems he faces in life, he is very lucky. If you see in the life of devotees, they pray to the Lord more if they face a problem.

So this is the most important practice. All other practices are useless if this does not happen. That is why I am telling again and again. Even then we keep forgetting. But we should make an effort to recollect even though we forget. It may not stabilise in a day or year but at least the effort should be there.

If we start practicing this, the Lord keeps testing us everyday. Incidents come to us where we may get irritated. When such incidents arise, are you getting irritated or seeing the Lord in that incident?

So the Lord tells this to Brahma and disappears. Then the creation begins.

Initially Brahma meditates over the Lord and then there is the birth of air. With the help of that air, Brahma consumes all the etheric waters present around him. But he sees that there are even more ethers left in the space. Then he gets a vision.

He sees a lotus in which all the worlds are arranged in its petals. So that was the design for creation. He analyses that design and creates the 14 worlds.

It is just similar to how we build a house. The initial design is in our mind. Then we put it on a paper and according to the design the mason builds a house.

Similarly there are intelligences in creation who act as an architect, engineer and masons.

There are patterns for this creation and creation happens according to that pattern. Even there is a pattern for human beings. A human being gives birth to another human being. This is a certain pattern. So like this, there are patterns in the creation. Manu makes small changes in the pattern of the human body.

A similar thing happens when a being enters the womb of a mother at the time of fertilization. The ethers manifest into a small egg and based on the pattern of the human body, the development of the human body takes place in the womb of a mother.

So Brahma see a lotus in his vision. In that lotus, Brahma sees 3 worlds which are Bhu, Bhuvah and Suvah which represent consciousness, force and matter. Then he creates the 14 worlds which are 7 lower planes (planes of matter) and 7 higher planes (planes of consciousness).

These 14 worlds are also present in the human body as the 7 tissues (lower planes) and 7 states of awareness (higher planes). So that is why the human body is called micro-cosmos.

So we will stop here. I will try to give in detail about the 14 worlds in the next class.
Swasthi.